



Junior League of Phoenix  
**HEALTHFEST**



**Media Contacts:**

Rosanne Albright

[rosanne.albright@phoenix.gov](mailto:rosanne.albright@phoenix.gov)

Laura Sharp

[jlp.news@jlp.org](mailto:jlp.news@jlp.org)

**FOR IMMEDIATE RELEASE**

## **JUNIOR LEAGUE OF PHOENIX CO HOSTS ANNUAL PHOENIX FOOD DAY AND HEALTHFEST WITH CITY OF PHOENIX**

*FREE family-friendly health and wellness drive-thru event*

**PHOENIX – September 30, 2020** – Junior League of Phoenix (JLP) will co-host the annual Phoenix Food Day and Healthfest as a drive-thru event beginning at 9 a.m. on Saturday October 10, 2020 at Cartwright Community Garden, located at 4208 N 51<sup>st</sup> Ave, Phoenix, AZ.

Phoenix Food Day and Healthfest is a free, health and wellness event that focuses on healthy lifestyles for families. Family-friendly goody bags will be distributed on the day of the event. Each bag will include health and wellness vouchers, prizes, fitness activities, gardening kits, , recipes and more! Food boxes will also be available.

The community will also be able to access a variety of educational health and wellness videos on Junior League of Phoenix's YouTube channel and the [city of Phoenix Food Day & Healthfest website](#) following the event. Videos will include: cooking demonstrations from local chefs, gardening tutorials, and other health-related activities.

"Junior League of Phoenix is committed to fighting hunger in greater Phoenix and increasing awareness around living a healthy lifestyle and providing much-needed resources to our community and this year marks the second annual year of the partnership with the city of Phoenix.," said Danielle Wilhelmsen, Phoenix Food Day and Healthfest Chair for the Junior League. "Not everyone in our community has access to these resources that many of us take for granted, so we're excited to have found a way to continue this important work through the pandemic with a safe, drive-thru event."

To attend, families can register for a pickup time at [www.phoenix.gov/oep/foodday](http://www.phoenix.gov/oep/foodday).

### **About the Junior League of Phoenix**

The Junior League of Phoenix, Inc. is a 501(c)(3) not-for-profit organization of over 1,000 women committed to promoting voluntarism, developing the potential of women and improving the Valley of the Sun through the effective action and leadership of trained volunteers. For 85 years, JLP has invested almost \$4.1 million in the community and contributes over 75,000 volunteer hours annually. Current League programs are structured around JLP's focus area of "Fighting Hunger in Greater Phoenix." For more information about The Junior League of Phoenix, please visit [jlp.org](http://jlp.org).

Additional event sponsors and partners include, Fry's/Kroger, Grand Canyon University, Magellan, Milwaukee Brewers, University of Arizona Cooperative Extension Maricopa County, Dignity Health, Phoenix Rescue Mission, Green on Purpose, Inc., and Cartwright School District,

###